

September 06,
2019

WWW.SPRINGBLUFFPIRATES.COM

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Pirate News



Every Friday Early Dismissal @ 2:03pm

Tomorrow is the 5K-den,

Starting at 8:00 am

The sixth annual 5K Run/Walk is scheduled for Saturday, September 7 in memory of Kaden Keller who was diagnosed with Acute Lymphoblastic Leukemia.

Register online at <http://5Kden.itsyourrace.com> See you there!!

Upcoming Events

5K-den Walk	9/7
Kidsight will be here to provide a schoolwide vision screening	9/9
Book Fair Ends	9/9
Picture Day	9/11
Board Meeting @ 6:30	9/19
Mrs. Jenkins on KTUI 1560 Radio	10/2

Attention K-6 Parents:

An email with a Title 1 survey will be sent home today. Please fill out by Wednesday, Sept. 11th.

Grandparents' Open House was a huge success!!

Thank you to all the grandparents and parents that attended the Open house last night.

Open library starts Monday

Students, you may stay after school until 4:30 p.m. on Mondays. Students must have a note from home to stay. Parents are welcome too!

Picture Day is Wednesday, Sept. 11th. You can turn in your order form on picture day OR Pre-Pay online before picture day. Go to www.WagnerPortraitGroup.com
School Password: SBE



Order Forms were sent home today!



Spring Bluff Pirates

Ways to Stay Informed this Year:



@springbluffrxv



@springbluffpirates

Website: <http://www.springbluffpirates.com>

This week's attachments:

- Home & School Connection
- Middle Years

Help Wanted!

The District is accepting applications for SUBSTITUTE CUSTODIANS and TEACHERS. Applications may be obtained on the school website www.springbluffpirates.com or in the school office. Applicants must be able to pass all background check procedures.

Instrument Night

There will be an informational meeting for prospective 5th grade band members and current middle school band members on Tuesday, **September 10th** at 6:00pm in the music room. Representatives from River City Music store will be here for those who wish to rent instruments or buy supplies.



Attention Students!!!

Our school wide fundraiser is underway...



Spices Fundraiser

All proceeds will support 8th grade activities

For this fundraiser, we are asking students to sell Spice Scoop spices at various prices.

All order forms will need to be returned by Monday, September 16th, 2019.

WIN PRIZES!!!

- 1.) The top selling **student** in K-2, 3-5 and 6-8 will receive a \$15.00 Walmart gift card.
- 2.) The top selling **class** in each Grade Level (K-2, 3-5 ,6-8) will receive a \$25.00 gift certificate toward a special classroom purchase (to be determined by students).



Go Pirates!

Sporting News & Events

Friday, September 6th

Saturday, September 7th

Tuesday, September 10th

Thursday, September 12th

5/6 Volleyball Tourney @ Lonedell TBA

7/8 Volleyball Tourney @ Lonedell TBA

6/8 Volleyball vs St. George @ 6:00 pm Home

6/8 Volleyball vs St. John @ 6:00 pm Home

Volleyball Picture Schedule 2019-2020

Monday, October 7, 2019

8th Girls (4:00)

7th Girls (4:15)

5th Girls (4:30)

6th Girls (4:45)



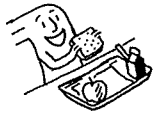
Home & School CONNECTION[®]

Working Together for School Success

September 2019

Spring Bluff R-XV School

Mrs. Jeannie Jenkins, Superintendent



SHORT NOTES

Be considerate

Family meals offer

plenty of chances for your youngster to practice being considerate. As you serve yourselves food, you might say, "Make sure to leave enough so everyone gets some." Or if there's one piece of chicken left, encourage your child to ask if anyone wants to split it instead of taking the whole thing for himself.

Tired after school?

As your youngster gets used to the routine of a new school year, she may be more tired than usual. Be sure she's getting 9–11 hours of sleep each night. Also, try to keep evenings low-key by not planning too many activities.

Cardboard box "origami"

Before tossing boxes in the recycling bin, use them to build your child's spatial sense and math skills. Have him pull each box apart at the seams and lay it flat. Can he tape it back together? *Idea:* Challenge him to make a mini pizza or cereal box using construction paper and tape.

Worth quoting

"Look for the helpers. You will always find people who are helping."
Fred Rogers

JUST FOR FUN

Q: How many eggs did the farmer collect from his biggest rooster?

A: Zero. Roosters don't lay eggs!



The ABCs of school success

School success begins at home! While your child is learning her ABCs, 123s, and much more, she can get the year off to a great start with these *other* ABCs.

Attend every day

More time in class = more learning. Help your youngster attend school regularly by scheduling doctor appointments and family vacations outside of school hours. Also, she can cut down on sick days by eating her fruits and vegetables, washing her hands often, and getting plenty of physical activity.

Be organized

Forgotten homework? A backpack that doubles as a black hole? Good organizational skills prevent those problems. Together, brainstorm ways for your child to get—and stay—organized. For instance, she could choose a special folder for bringing home and returning homework and use a zipper bag to store pencils and other supplies.

Check in daily

Designate a time each day to sit down with your youngster, talk about what she did in school, and review papers she brought home. You might read a story she wrote or look over her math test, for example. This simple routine shows her that you care about what she's learning. Plus, you'll notice where she's doing well or if she's struggling with anything so you can follow up with her teacher. ♥



Back to school...for parents

School rules keep students safe and let teachers do their job. Show your youngster that parents can help by following rules—just like he does. Here are a few examples:

- Check in at the office as soon as you enter the school building, and be prepared to show identification.
- If you drive your child to school, be familiar with drop-off and pickup procedures. For instance, stay in your car, obey staff and patrol officers, and help your youngster exit the car quickly and safely.
- Follow rules for sending food to school. Is there a no-peanut policy? Are birthday treats allowed?
- Contact the teacher to arrange visits ahead of time rather than dropping in. ♥



Getting out the door

Mornings help to set the tone for your child's school day. Consider these ideas for a routine that will send him off to school relaxed and ready to learn.

Add a "cushion." Does your youngster need to walk out the door at 8 a.m.? Have him pretend he has to leave by 7:45 a.m. and adjust his routine accordingly. If he's ready early, great! The cushion of extra time will make the morning feel more relaxed—and maybe even give him time to read for pleasure or review spelling words.



Simplify breakfast. Make healthy, ready-to-eat breakfast items ahead of time with your child. Overnight oatmeal, hard-boiled eggs, cheese cubes with fruit, and favorite sandwiches are all good bets. *Idea:* Let your youngster eat breakfast at school. Enjoying a hot, healthy meal with friends is a nice way to start the day.

Use a musical countdown.

Suggest that your child create a song playlist that fits the amount of time he has to get ready for school. Then, turn on the music when he wakes up. Once he's familiar with the order of the songs, he'll know how much time he has left just from listening to the music.♥

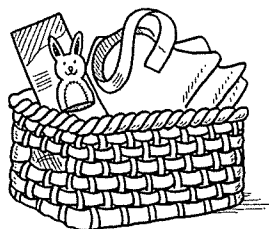
PARENT TO PARENT

Basket of clues

My daughter Aisha loves that her teacher begins each morning by giving the children clues about what they'll learn that day. At back-to-school night, the teacher mentioned that this lets them practice reading and thinking logically, so I decided to try it at home.

The next Saturday morning, I left a basket of clues on the coffee table about what our family would do in the afternoon. It included a finger puppet, a tote bag, and a bookmark. I added a message: "We will have fun at this place *and* bring some of the fun home in the bag." Aisha figured out that we were going to the library to watch a puppet show and check out books.

Now on Friday nights, Aisha asks me to make a clue basket. Sometimes, she even thinks of an activity she'd like to do and writes clues for me.♥



ACTIVITY CORNER

Time out for nature

Time spent enjoying nature has been shown to reduce

stress and improve children's—and adults'—mental health. The outdoors is a great place to learn, too. Enjoy these five activities with your youngster.

1. Search for spiderwebs, and let her "collect" them by taking photos with your phone.
2. Find a place to sit quietly and listen to the birds. Can your child spot the birds that make each sound you hear?
3. Take a few deep breaths, and tell each other what outdoor scents you smell (pine trees, flowers).
4. Look for different types of rocks. She can sort them according to size, shape, or color.
5. Explore favorite outdoor places in all kinds of weather. Splash in puddles on a rainy morning. On a sunny afternoon, observe the shadows that leaves make on the ground as the breeze blows them around.♥



Q & A

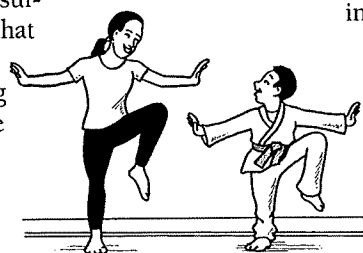
Persistence pays off

Q: My son is always eager to try activities, such as karate or student council. But then he'll ask to drop out because they're "too hard" or "too much work." How should I handle this?

A: Many youngsters are surprised when something that looks easy turns out to take hard work. Learning to find ways to overcome challenges will help your son stick with activities—and develop persistence.

When he mentions that a karate move or a student council job is taking too much effort, ask him what, specifically, is challenging. Then together, think of solutions. For example, if he's struggling with karate moves that involve balancing on one foot, brainstorm fun ways to improve his balance.

Over time, your child will get in the habit of looking for solutions instead of giving up.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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ISSN 1540-5621

Middle Years

Working Together for School Success



Short Stops

Take good risks

Encourage your tween to try an activity that appeals to her, even if she's a little nervous. Maybe she wants to join the cross-country team but hasn't run longer distances. Or perhaps she's interested in the improv club but is hesitant about public speaking. Stepping out of her comfort zone will stretch her abilities and build confidence.

Agree to disagree

If your usually agreeable child starts poking holes in your opinions, that's a sign his reasoning skills are developing. Try not to take it personally, and ask him to share his views respectfully. He'll learn that it's okay to disagree, as long as he's polite about it.

Puzzle me this

Crossword puzzles boost your tween's vocabulary. Have her print free puzzles she finds online or get crossword books from a dollar store. Or she and her friends could make crosswords for each other on graph paper or with a website like puzzlemaker.discoveryeducation.com.

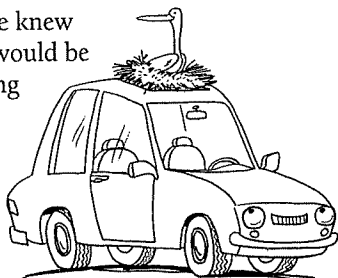
Worth quoting

"The way to get started is to quit talking and begin doing." *Walt Disney*

Just for fun

Q: Why did the bird build a nest on the car?

A: She knew they would be moving soon!



A good attitude = more learning

Starting the year with a positive attitude about school goes a long way toward a student's success. Inspire your tween to develop a winning outlook with these strategies.

Look for positives

Your middle grader can find something interesting about every class. Suggest that he start a list of fun facts, one from each class every week. After a biology lesson on genetics, he might write, "I had a 50 percent chance of having blue eyes since Mom's are brown and Dad's are blue." Encourage him to share his discoveries with you.

Celebrate achievements

Tell your tween to congratulate himself on a job well done. Maybe he earned a higher score on this week's vocabulary quiz than he did on last week's. Or perhaps he picked a topic for his history paper, even though he was tempted to

put off getting started. Saying "I did it!" will make him feel good about himself and motivated to keep working hard.

Seek help

Successful students know how to get help when they face challenges. For example, your child could post a schedule of teachers' office hours or homework-help sessions in his locker. Then if he's struggling, he can sign up for a slot. Having a plan in place will help him stay upbeat. 👍

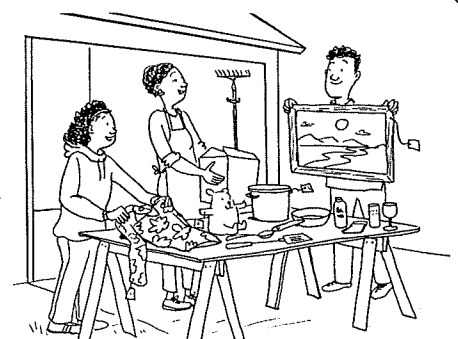


Fall family fun

Strong parent-tween relationships help kids resist risky behaviors and make family life more enjoyable. Try these ideas.

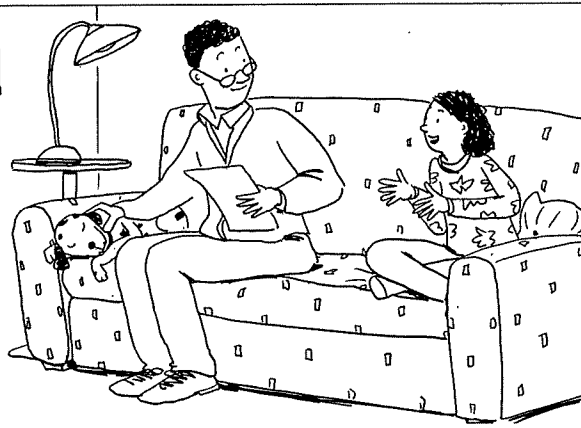
■ **Outings.** Ask your child to find outings that sound fun, such as a fall festival or a paint night. For ideas, she could look in the newspaper or check library and community center websites. *Tip:* Suggest that she ask classmates where their families like to go on weekends.

■ **Projects.** Let your middle grader plan family projects. Perhaps she'll suggest a garage sale. Work together to gather books, housewares, and toys you don't need anymore. She can help to advertise the sale, price items, and greet customers. 👍



Wanted: Involved parents

What does parent involvement look like in middle school? While you probably won't be volunteering in your child's classroom, she still wants your support (even if she doesn't act like she does). Consider these tips for being a partner in her education.



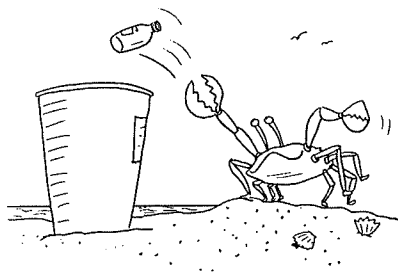
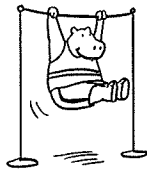
At school. Make it a priority to attend school events like curriculum nights and school plays. Also, look for ways to help that are related to your tween's activities. If she plays in the band, you could volunteer to set up for a concert. If she belongs to a book club, you might offer to shelve library books and talk to her afterward about

books you noticed. Or if she's an athlete, maybe you'll work at the concession stand during sporting events.

At home. Offer to quiz your middle grader on material she's studying or to look over a paper she's working on. To stay in the loop about what's happening in school, read the website regularly and sign up for email or text alerts. Mention the announcements to your child so she knows you're interested in her school. 👍

Q & A Getting started with community service

Q My son is required to complete community service hours this year, but he can't decide what to do. How can I help him?



A Doing community service will let your son help others and gain work experience. The main office or his school counselor may have a list of places where he can volunteer. He could also ask friends, relatives, and neighbors for ideas.

Then, suggest that he choose a job that matches his interests—he'll get more out of it that way. For example, he might participate in a beach cleanup if he's concerned about the environment. Or if he likes working with younger children, he may play games or read with little ones at a homeless shelter while their parents attend job training.

Finally, encourage him to keep track of his work, including names of supervisors, so he'll receive credit—and even have references for a job someday. 👍

Everyday engineering

From shoes and clothing to appliances and electronics, just about every product your tween uses was designed by engineers. Help him discover how engineering affects his daily life with this activity.



1. Encourage your child to consider the engineering involved in his favorite products. Maybe his running shoes absorb impact, the smoothie maker purees big chunks of fruit, or his jacket repels rain.

2. Now let him pick a product to redesign. He could decide to add another layer of foam to his shoes. First, he should run a block and rate his comfort on a scale of 1–10. Then, he can add foam, run another block, and rate his comfort again. What happens if he adds even more foam? How much might be too much? 👍

Parent to Parent The "elevator speech"

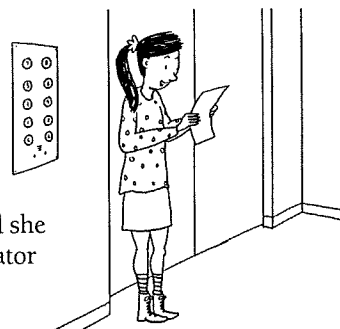
When I was looking for a job, I discovered an interesting technique for "selling" yourself in an interview: the "elevator speech." I shared the idea with my daughter Susan, thinking she could use it to write summaries or make points during class discussions.

I told Susan to pretend she was going to ride an elevator with me and summarize the novel she's reading in

30 seconds or less—about the time it would take to ride from the ground to the top floor of a building.

Susan jotted down what she wanted to say. At first, it took her almost 3 minutes to read it. But she kept trimming her summary until it was about 30 seconds long.

Then, she read it aloud to me. She got to the point quickly, and now she plans to try the strategy in class. 👍



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